

## **Beena Rajkumar**

Beena completed her core training in Psychiatry in New Castle. She completed her CCT in Psychotherapy and subsequent CCT in General Adult Psychiatry in Nottingham. She did her PGDip (Masters Level) in CBT from Oxford University and Adv Dip in Systemic Family Therapy from Derby University.

She currently works as a Consultant Psychiatrist in a High Dependency Women's Rehabilitation Ward and as a Consultant Psychotherapist with patients who have experienced Complex Trauma in Lincolnshire Partnership Foundation NHS Trust. She is the Director of Medical Education in LPFT. She is also the co-chair of the Royal College of Psychiatrists Women's Mental Health SIG.

Her special interests include Women's Mental Health, Complex Trauma and Medical Education.